

## MICRODERM THERAPY BENEFITS & FAQs

Microdermabrasion is a minimally invasive procedure to remove the uppermost layer of skin from your face or body. It can help improve the appearance of your skin and minimize wrinkles, age spots or other minor cosmetic concerns. This can improve the look and feel of your skin, revealing smoother, more youthful-looking skin.

- MICRODERMABRASION THERAPY CAN MAKE THE FOLLOWING SKIN CONDITIONS LESS NOTICEABLE:
  - [AGE SPOTS](#).
  - ENLARGED PORES OR BLACKHEADS.
  - FINE LINES OR [WRINKLES](#).
  - MILD SCARS, ESPECIALLY THOSE FROM [ACNE](#).
  - SKIN DISCOLORATION OR UNEVEN SKIN TONE.
  - [STRETCH MARKS](#).
  - [SUN DAMAGE](#).
- CAN BE ADDED TO ANY FACIAL, OR BOOKED AS A STANDALONE FACIAL

Post-treatment guidelines: Your skin might be a little red, swollen or sensitive for up to 24 hours. Microdermabrasion results vary from person to person. Your skin will feel softer and smoother after your first treatment. But the results of microdermabrasion build up over time. Most people need multiple treatments to achieve their desired cosmetic goals, up to once per week initially, with monthly treatments to maintain skin condition.

If you are actively experiencing the following, you should not book or receive a microderm facial. Please reach out to book a facial for sensitive or reactive skin.

- [ACNE](#) OR ARE TAKING MEDICATION FOR ACNE.

- FREQUENT SKIN RASHES ([CONTACT DERMATITIS](#)) OR [COLD SORES](#).
- MOLES, FRECKLES, SKIN TAGS OR OTHER GROWTHS THAT CHANGE IN SIZE OR SHAPE OR BLEED.
- SKIN CONDITIONS SUCH AS [ECZEMA](#) OR [PSORIASIS](#).