

## FACIAL LED LIGHT THERAPY BENEFITS & FAQS

LED (light-emitting diode) light therapy is a non-invasive treatment that enters the skin's layers to improve the skin. Skin specialists often use LED light therapy together with other treatments, such as creams, ointments and facials, to give you the best results. Research suggests that LED light therapy can help reduce and improve some skin conditions and issues. To see improvement in your skin, though, you need to have regular treatments.

- RED LED LIGHT THERAPY MAY REDUCE INFLAMMATION AND STIMULATE THE PRODUCTION OF COLLAGEN, A PROTEIN RESPONSIBLE FOR YOUNGER— LOOKING SKIN THAT DIMINISHES WITH AGE.
- BLUE LED LIGHT THERAPY MAY DESTROY ACNE-CAUSING BACTERIA (P. ACNES).
- LED LIGHT THERAPY CAN HELP TREAT THE FOLLOWING CONDITIONS
  - ECZEMA
  - HAIR LOSS
  - MILD TO MODERATE ACNE
  - PSORIASIS
  - ROUGH, SCALY, PRECANCEROUS SPOTS ON THE SKIN (ACTINIC KERATOSIS)
  - ROSACEA
  - SUN DAMAGE
  - WOUNDS
  - FINE LINES & WRINKLES
- CAN BE ADDED TO ANY MASSAGE OR FACIAL. WILL BE INCORPORATED INTO YOUR MASSAGE TIME, OR ADD 15 MINUTES TO YOUR FACIAL TIME

LED therapy risks include Increased inflammation, rash, redness or pain

avoid Led therapy if you are taking certain medications that increase your sensitivity to sunlight, such as isotretinoin and lithium, or if you have certain conditions including skin cancer or eye disease