

DERMAPLANING THERAPY BENEFITS & FAQs

Dermaplaning is a minimally invasive cosmetic procedure that helps reduce the appearance of acne scars, improves skin brightness and addresses other skin concerns. Our estheticians use a special razor to remove the top layers of your skin. Dermaplaning can help reduce the appearance of acne scars or other skin imperfections by revealing newer, undamaged skin. It can make your skin look younger; though, it doesn't stop the aging process.

- DERMAPLANING THERAPY CAN HELP TREAT THE FOLLOWING CONDITIONS
 - [ACNE SCARS](#).
 - [ACTINIC KERATOSIS](#) (SCALY SKIN PATCHES THAT CAN LEAD TO [SKIN CANCER](#)).
 - DULL OR [DRY SKIN](#).
 - [PEACH FUZZ](#) (LIGHT, SOFT HAIR ON YOUR FACE).
 - SKIN DAMAGED BY [SUN EXPOSURE](#).
 - FINE LINES ([WRINKLES](#)).
- CAN BE ADDED TO ANY FACIAL, OR BOOKED AS A STANDALONE FACIAL

Post-treatment guidelines include: **Avoid direct sun exposure for 3 days.** Avoid extreme heat for 3 days. Do not use scrubs or other exfoliators for 1 week. Your skin will likely be red, swollen and slightly tender after the dermaplaning procedure. If you notice swelling that lasts longer than a week or worsens, contact your healthcare provider.

If you are actively experiencing the following, you should not book or receive a dermaplaning facial. Please reach out to book a facial for sensitive or reactive skin.

- AN ACTIVE CASE OF [ACNE](#).
- [COLD SORE](#) OUTBREAKS.
- [ECZEMA](#).

- MOLES, FRECKLES, SKIN TAGS OR OTHER SKIN GROWTHS.
- PSORIASIS.
- SKIN BURNS, SUCH AS THOSE FROM RADIATION THERAPY.
- SKIN RASHES (CONTACT DERMATITIS).